



# Finger of God Ministries

Inner Healing and Deliverance

Luke 11:20

## ***The Deliverance Process***

### My Deliverance Will Be a Process

1. I understand that my healing and deliverance will be a ***process*** and NOT a one-time event. In fact, I know that my healing and deliverance will be LITTLE BY LITTLE. See Deuteronomy 7:22.
2. I understand that my healing and deliverance will be a process because God says that I need to INCREASE before He can give me my entire emotional and spiritual Promised Land. See Exodus 23:30.

Therefore, pray: *Lord Jesus, show me my deliverance process. Give me the faith to trust in You as You carry out this process in my life.*

### The Formula for Freedom

3. I understand the Formula for Freedom: First, submit to God; second, resist the devil; and third, the devil will flee from me (James 4:7). I further understand that this submitting to God involves the forsaking of sin in my life.
4. I understand that the only way to make the enemy go away is to RESIST, RESIST, RESIST in the Name of Jesus. Once again, see James 4:7.
5. I understand that my ongoing and recent sin may significantly hinder what God can do during my session. This especially includes the use of chemical substances (drugs including weed, alcohol, etc.) and sins of sexual perversion (pornography, fornication, adultery, etc.). I understand that in order to make significant progress during my deliverance process, I will need to forsake sin and repent of it. Without true repentance, Satan will not let go of me. See 2 Timothy 2:24-26.

**Therefore, pray:** *In the name of Jesus, show me how to submit to You, Lord. Show me how to resist the devil. Show me what is not submitted to you, and show me where I am not resisting the devil.*

### Faith and Desperation

6. I understand that the majority of those who received a miracle of healing or deliverance from Jesus had two characteristics: faith and desperation. Take the story of the *Healing of the Bleeding Woman* (Matthew 9, etc.) as an example. She had the *faith* that Jesus could heal her blood issue. She also had the *desperation* that drove her to break Jewish standards of conduct and, while in a state of ceremonial uncleanness, reach out and touch a male rabbi. She took a major risk of being rebuked (or worse) by the religious authorities.

Therefore, I understand that *I* need to have this same level of faith and desperation when *I* come to Jesus (through Finger of God Ministries) for healing. I must have the *faith* that Jesus can heal me, and I must be *desperate* to receive His healing touch!

Therefore, pray: *Lord Jesus, give me the faith and the desperation of the Bleeding Woman/the Roman Centurion/Blind Men by the Road who cried out to Jesus, "Lord, Son of David, have mercy on us!"*

### Finger of God Ministries do **NOT** Conduct Interventions

7. I understand that I need to truly desire to submit to Jesus and be desperate for His healing. I understand that the Inner Healing and Deliverance session is not an *intervention* for those who are not serious about submitting all to Jesus and resisting the demons.

Therefore, Finger of God Ministries does not conduct interventions. Instead, private and small group deliverance sessions consist of meetings with individuals who have purposed in their hearts to give *everything* to Jesus. This means all sin, including pride, self-justification, self-righteousness, etc.

Therefore, pray: *Lord Jesus, give me the strength to seek Your healing and deliverance!*

### God Is in Control of My Healing and Deliverance, Not Finger of God Ministries

8. I understand that Finger of God Ministries does not determine how much or what gets healed in me. We are simply vessels that God uses to heal His people.

9. I understand that I cannot make demands on God that my session, my manifestations, or my healing be a certain way.
10. I understand that God may need to heal me in a different order than I think He should. I understand that God is sovereign and knows exactly what I need, what I can handle, and what He is able to do at this precise time in my life.
11. I understand that I may not be healed all at once from the infirmity that I am facing right now.
12. I understand that God is in charge and that He will be healing me in ways that I might not even perceive.
13. I understand that I will get the exact healing that God can give me at the time of my session. This healing will be based on my level of submission to Him and my resistance to the devil.

**Therefore, pray:** *I put my session into Your hands, Jesus.*

#### My Manifestation Might Be Different from Others

14. I understand that just because I don't have an outward, dramatic, demonic manifestation during my session, that doesn't mean that my session was a "failure." Demonic manifestations are not black or white. They vary in intensity and form. I may or may not manifest like other people I have seen. Whatever happens during my session, I will trust that the Lord is working all things for my good (Romans 8:38).

**Therefore, pray:** *Lord Jesus, I accept whatever healing and deliverance that YOU have for me. Lord, use Finger of God Ministries to carry out Your will!*

#### The Attacks May Increase

15. I understand that once I begin my healing and deliverance process, the enemy may increase his attacks against me in order to discourage me. These attacks will most likely begin as soon as I make my first deliverance session appointment. They may even begin after just *speaking* with Finger of God Ministries over the phone.

These attacks may continue even after I have had my first session. I understand that the purpose of these attacks is to stop me from seeking deliverance and healing. The enemy may also attack me post-session in order to make me believe that “deliverance doesn’t work” or that “my deliverance session didn’t do anything.”

**16.** I understand that this fight will take place on the battlefield of my mind. I understand that the enemy will do everything he can to make me give up this fight. I know that the enemy’s number one goal is to make me give up the fight for my spiritual and emotional freedom. I know that I will need to persevere.

**17.** I understand that once I make my appointment, satan may try one of two tactics in order to get me to cancel my appointment:

- The enemy will increase his attacks on me with the goal of tempting me to appease him by canceling my appointment. Satan wants me to correlate having scheduled an appointment with Finger of God Ministries to increased pain and torment. Satan wants me to believe that making an appointment for deliverance causes increased pain and torment. Therefore, satan wants me to believe if I cancel the appointment, the pain and torment will stop.
- The enemy will pause his attacks completely in order for me to believe that I didn’t really need healing and deliverance in the first place. The devil will tempt me to contact Finger of God Ministries and inform them that, “I guess I really didn’t need deliverance after all.”

**Therefore, pray:** *Heavenly Father, give me the strength in Your Son Jesus to resist the attacks of the devil!*

#### Giving Up Is Not an Option

**18.** I understand that if I do give up the fight, the enemy won’t just “leave me alone.” In other words, ultimately, the enemy will not stop attacking me just because I give up seeking my healing and deliverance. The enemy does not play “fair” and wants nothing more than to steal, kill, and destroy in **every area** of my life.

**Therefore, pray:** *Lord, give me strength to persevere. In the name of Jesus. Amen.*

### The Works of the Enemy Will Begin to Be Exposed All Around Me

- 19.** I understand that once I begin my deliverance and healing process, hiding places of the enemy will start to become exposed in me and in those around me. As I begin my deliverance process, it is likely that I will see new demonic manifestations in me and in those that I am close to (spouse, children, family, relationships, etc.). However, I understand that this is a good thing since exposing evil is a mandate of God in the Christian faith (see Ephesians 5:11).
- 20.** I understand that Satan wants all of the evil in my family bloodline to stay hidden in darkness. But when I begin my deliverance process, this darkness will begin to be illuminated by the Holy Spirit. In other words, evil things will start to become *exposed*.
- 21.** I understand that *exposing evil* is a good thing, not a bad thing.

**Therefore, pray:** *Lord Jesus, show me how it is Your will to expose evil—even the evil in my family and in my territory.*

### Things May Get Worse Before They Get Better

- 22.** I understand that as the enemy becomes more and more exposed in my life, my pain or torment may get worse before it gets better. However, even if this happens, I know that I will have victory in the end. God's word says that He will deliver my enemies into my hands (Genesis 14:20, etc.).

So, as I begin my deliverance process, I rest knowing that my enemy is already defeated by what my Savior Jesus did on the Cross. See 1 John 3:8.

**Therefore, pray:** *Lord, show me that you are still fighting my battle even when it gets worse.*

### My Deliverance Is **My** Fight, Not Finger of God Ministries'

- 23.** I understand my healing and deliverance is MY fight. It is not anyone else's fight. It is not Finger of God Ministries' fight. God will fight my battle for me. Finger of God Ministries will stand in the gap for me. But ultimately, my deliverance is *my* fight. This is so since no one can submit to God and resist the devil in my place.

Therefore, I will show up to the battlefield in faith, and God will fight my battle for me. The battle is the Lord's, and He will give me the victory—in God's perfect timing. See 2 Chron. 20:17.

**Therefore, pray:** *Lord Jesus, give me the strength to go to the battlefield in faith. In the name of Jesus.*

### The Goal of Finger of God Ministries

**24.** I understand that Finger of God Ministries will minister to me with the objective of me experiencing healing and deliverance. Their goal is **not**:

- To try to please me
- To say things that I agree with
- To ignore my sin
- To validate my sin
- To tell me that my deliverance process will be easy

**Therefore, pray:** *Lord Jesus, give me the peace of knowing that Your servants at Finger of God Ministries have been assigned to help me and not hurt me.*

### My Issues Didn't Begin Last Week

**25.** I understand that my issues didn't begin last week, last month, or even last year. It is likely that my issues began all the way back in my childhood, back in my mother's womb, and possibly even back to my ancestors. Therefore, I will be patient with God as He works in my life to heal me...**little by little**. I will not demand that God heal me all at once. I will submit my healing to Jesus.

**Therefore, pray:** *Lord, take me back to the root of my issues. Show me where it goes back to, even if knowing the root is painful at first. In the name of Jesus.*

### The Importance of Inner Healing

**26.** I understand that, in most cases, **inner healing** is needed before demons can be cast out. Inner healing involves healing the dissociated parts of me that formed when I was hurt, abandoned, rejected, abused, raped, or molested—especially in childhood. I understand that inner healing is critical since demons can hide

behind these fragmented parts of my mind. I understand that it might not be possible to cast out the demons if these dissociated parts of me are not healed. Therefore, I understand that Finger of God Ministries might need to spend a significant amount of time healing these parts of me before the demons are confronted and cast out.

**27.** I understand that only Jesus can heal these dissociated, fragmented, and broken parts of my mind. The mind is another word for “heart” or “soul.” Only Jesus can bind up the brokenhearted. See Isaiah 61:1 and Psalm 147:3.

**28.** Therefore, I understand that inner healing is of equal importance—if not more important—than casting out the demons.

*Therefore, pray: Lord Jesus, reveal the parts of my heart that need to be healed. Heal me, Jesus! Every part that is fragmented, every part that holds pain, every part that helps me in some way, heal Lord Jesus. Make me whole! In Jesus name.*

#### The Traits of Those Who Receive the Most Breakthrough

**29.** I understand the traits of those whom God can give the MOST healing and deliverance at their private sessions and even in a group settings are the following:

- Teachable
- Humble
- Patient
- Willing to admit sin (according to how *God* sees sin)

**Therefore, pray:** *Lord Jesus, make me teachable, humble, and patient. I know that where there is humility, You are free to move! In Jesus name.*

#### Pick a Ministry and Walk with That Ministry

**30.** I know that I cannot be under the care of multiple deliverance ministries at the same time. I realize that I need to prayerfully choose a ministry and then *walk* with that ministry for a season.

**Therefore, pray:** *Lord, take me to the ministry that You have for me! In Jesus name. Amen.*

### Possession of Cursed Objects

**31.** I understand that submitting to God entails not possessing satanic objects such as idols, amulets, dreamcatchers, tribal objects, objects of false religion, occult objects, books on the occult, Catholic idolatry items, pornography, drug paraphernalia, secular entertainment items, secular music recordings, Disney objects, etc. I understand that I need to destroy these objects before my deliverance session, as demons can claim legal right due to my possession of these objects.

Note: If you have any questions regarding a specific object that you possess, please take a photo of it and email it to us at [fingerofgod@fingerofgod.org](mailto:fingerofgod@fingerofgod.org). Please do this well before your session appointment.

See Deuteronomy 7:26 about possessing cursed objects, and see Acts 19:19 regarding their destruction.

**Therefore, pray:** *Father, reveal to me, by Your Spirit, any cursed objects in my possession. Lord, expose any evil things in my territory. In Jesus name.*

### Taking the Deliverance Appointment Seriously

**32.** I understand that I need to begin now to put a hedge around my appointment. I cannot let satan have his will—which is for me not to make it to my appointment. Therefore, start now by declaring that satan cannot hinder you in any way from making your appointment. Cover your appointment with the Blood of Jesus.

### Tele-ministry

**33.** If you have a Zoom *teleministry* appointment, make sure that your microphone and camera work properly before the day of your session. You do NOT need to download Zoom or any other app to your device. You will receive a clickable link via email.

**Therefore, pray:** *Lord Jesus, I put my upcoming Zoom session into Your hands. Use it to heal me, Lord. Bring a mighty breakthrough to me through my Zoom session with Finger of God Ministries. I bind every plan of satan to hinder my teleministry session via attacks on my technology. In Jesus name.*

## Follow-Up

**34.** While we cannot submit to God for you, we are here to encourage you and pray with you. So, if you need follow-up, please do not hesitate to reach out to us. We send you a follow up email after your session to see how you are doing and encourage you to join our **Freedom: Unleashed** program designed to help you anchor your identity in Christ and to give you tools to walk out your freedom.

## The Victory Belongs to You!

**35.** I understand that through my perseverance, the victory is mine in Jesus Christ! See 1 Corinthians 15:57.

**36.** I understand that Jesus already defeated sin and death. Therefore, in Him, I am fighting **from** victory, not *for* victory.

Therefore, pray: *I am declaring VICTORY over my session. In Jesus Christ, I have the victory. My God delivers my enemies into my hand. In Jesus name.*

We **declare** the Healing and Deliverance of Our Lord and Savior Jesus over you! We BLESS your deliverance process, and we **speak** victory in your life in the Name of Jesus!

*The Finger of God team*